



Wellsville Welcomer



Wellsville Retirement Community Newsletter

www.wellsvillerc.com

MARCH

volume 10, issue 3

SAFE TRAVELS

Scott departed on the first leg of his bike trip on Tuesday, February 27th from San Diego, California. There is no website to keep track of his travels, but we will try to keep everyone informed of his progress on our Facebook page. Please look there for any updates or pictures of his adventures. Below, is the first picture we have received. Note the snow on top of the mountains.



ASSISTED LIVING

Quite often our two skilled nursing neighborhoods are full with a waiting list. It is rare a day does not go by where we don't receive an inquiry as to whether we have a "room available." There is a perception that we are always full in our Assisted Living as well and that is not always the case. In fact, we have a few apartments currently available. We would love to host complimentary meals and tours. Please call Dorothy anytime to learn more about our Assisted living at 785-883-4101.

PANCAKES WITH THE BUNNY

We hope everyone can join us on Saturday, March 31st for Pancakes with the Easter Bunny. We will be hosting our annual East Egg Hunt at 10:00am sharp. Prior to the big hunt, we will have an open breakfast beginning at 7:00am. It promises to be a morning full of great food and HIGH energy! Hope to see you there!

5 STARS

In past newsletters, Scott has mentioned the 5 star system of rating nursing homes across the nation. This system of rating nursing homes is deeply flawed and we feel that we are always playing a "paperwork game" to obtain a higher ranking. However, hospitals and discharge planners use this 5 star system to recommend placement for their patients. A facility will not be recommended unless they have at least three stars. With all this being said, we are proud to announce that we have just been named a 5 STAR FACILITY!! As flawed as this system is, we want to congratulate our wonderful staff on this achievement. WRC is truly a great place to live and work.

Hopefully Scott is back for the April newsletter and will have many stories to share.

'til next month

Jill (sharing for Scott)



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Owner

Jill McCoy
Administrator

Ashley Washington
Business Office
Manager

Kim Bogle
Reception/Human
Resources

Dorothy Adams
Social Services

Tim Sullivan
Food Services

Paul Surber
Environmental
Services

Jennifer
Carpenter
Lifestyle Coordinator

Kristine Martinez
Director of Nursing/
MDS Coordinator

Jenn Blaine
Therapy Director

Holly Manny
Assistant DON/MDS
Coordinator

Arlene Tomlinson
Housekeeping/Laundry

Welcome to WRC

Meadowlark

Joyce Hahn
Jerry Boehm

Resident of the Month

Ken Mitchell

Ken better known to all as “Grumpy” resides in our CountryView neighborhood. He was born in Rogers, AR and moved to Kansas as a young boy.

In 1951, they lived in the Argentine, KS area close to the river. During the flood they actually stood on a bridge and watched their house and all their belongings float down the river. The family then moved to the Gardner area. Ken grew up with five siblings and graduated from Gardner High School.

Ken liked to hunt, fish, and ride bicycles. He joined the Navy after high school and worked at the Sunflower Ordinance Plant in DeSoto and for many years at the Edgerton Co-op. Ken has been a very proud Mason member for over 60 years.

Ken enjoyed flower gardening and also had a large vegetable garden. He likes all sports and especially the KC Royals.

“WRC is a great place and we are just pretty common people”.



Ken and Chris share March honors.

And We Will Miss.....

Eugene Sawyer



Employee of the Month

Chris Smith

Everyone says, “Chris Smith our Cook in the Main Kitchen makes the best baked beans in the area”! Chris is our Employee of the Month for March 2018. Chris was born in Salinas, Ca and moved to KS as a young child and grew up in Shawnee Mission, KS. He has two sisters and an older brother.

Chris was an Eagle Scout and made a flower bed and a meditation area for a local church. After graduating from Shawnee Mission North High School he moved to Iowa for a few years but came back to KS to be near family. Chris and his fiancée Amanda live in Baldwin City where Amanda is a pre-school teacher. He has played guitar since he was a young kid and played in a band for a few years.

Chris enjoys playing the guitar, shooting pool and riding his motorcycle.

Chris says, “All the Staff and Residents makes you feel so welcome here, and we become so close to each resident that we are like one big family.”



Activities: Life at WRC

Spring is in the air and the activity department cannot wait to March into spring! With warmer weather, we will have many opportunities to get the golf cart out, walking up to Big Bopper's for ice cream and more cookouts. We are excited!



The month of March also brings two days of special celebration, the first being St. Patrick's Day and the other is the beginning of the celebration of Easter. We have many new entertainment groups and we would love to have friends and family to join us. To kick off the month Saturday, March 3rd @ 3:00 - **Johnny and Adam**. Tuesday, March 6 @ 3:00 one of our new guys **David Root-er**, Thursday the 8th @ 3:00 - **Nicholas Gadbois**, Friday the 9th @ 3:00 - Nathan Quaintanc, Saturday the 10th at 3 PM **Wicked Strings**. Week three: Monday the 12th at 3:00 - **Man and his dog**, Tuesday the 13th at 3:00 - **Odds and Ends**, Friday the 16th at 3:00 - **Gary Kirkland**. To kick off St. Patrick's Day Saturday the 17th at 3:00 - **Riley Meyerkorth**. Week four: on the 22nd @ 3:00 - **Michael and Rachel**. Ending the week Saturday the 24th @ 1:00 the Antioch Baptist Church will join us to have residence help them fill plastic Easter eggs, at 3:00 on the same day the **Galloway Duo** is schedule to entertain us. Thursday the 29th at 3:00 another new entertainer, **James Rojas**.

Saturday the 31st at 7:00 - 9:30am "All You Can Eat" Pancakes Breakfast with the Easter Bunny. We will clear out the halls to hide plastic eggs filled with candy for our 10:00am Easter egg hunt held indoors; the Sunrise neighborhood will host our youngest children 0 to 3, Meadow Lark 4 - 6 , Countryview 7 - 10 years. Make sure you are on time as we will start promptly at 10 a.m. It doesn't take long for the kids to find all of the candy and plastic eggs.

Wednesday, March 14 at 3:00, we celebrate all of our March resident's birthdays, please join us.

Larry Hollingsworth-1st Dorothy Shaffer-10th

Larry Hawley-14th Clarence Lynch-14th

Gale A Shelton-22nd Kenneth Mitchell-31st

HAPPY BIRTHDAY MARCH RESIDENTS!!!

Thank you to all of our fabulous volunteers who helped make our activities successful.

Don't forget to watch us on Facebook!



Join Wellsville Retirement Community
March 31st @ 7:00 a.m. - 9:30 a.m.

for our free pancake breakfast with the
Easter bunny.

The hunt will be held indoors at 10:00am.

Ages 0-3 Sunrise

4-6 Meadowlark,

7-10 Countryview



Therapy Corner

Did you know?

The Physical Therapy profession began in 1921. After WWII and the nationwide polio epidemic during the 1940s and 1950s, physical therapists were in greater demand than ever before. With the expansion of joint replacements, the 1970s and 1980s increased opportunities to practice the profession. An individual may receive physical therapy in various settings such as hospitals, skilled nursing homes, schools, home setting and outpatient clinics. Wellsville Retirement Community is privileged to have Diane Bell, Physical Therapist and Lydia Kepler, Physical Therapist Assistant on staff. Together their knowledge and expertise has assisted our residents and individuals within the community the opportunity to increase independence and improve overall function.

Please contact the Wellsville Retirement Community therapy department at 785.883.4101 for your inpatient or outpatient physical therapy needs.

Wellsville Retirement Community

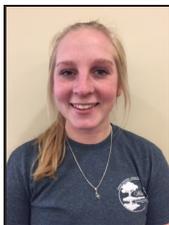
304 W. 7th

Wellsville, Kansas 66092



Follow us on Facebook to see the latest musical performances, crafts completed and smiling faces!!

Spotlight #1: Savannah Hallier



SPOTLIGHT #1 IS ON SAVANNAH HALLIER is a C.N.A. in our CountryView Neighborhood. She has been with WRC almost two years. Savannah graduated from Gardner-Edgerton in 2015 and was a 4-year member of the varsity soccer team. She played soccer at Emporia State for three years. She is currently living in Ottawa.

FAVORITE HIGH SCHOOL MEMORY: Beating our rivals, Spring Hill, 3-2 and I scored ALL THREE GOALS!!

3 WORDS THAT DESCRIBE ME: honest, sassy and caring.

IF I COULD TRAVEL ANYWHERE IN TIME I WOULD: I would go to World War II.

A PERSON IN MY LIFE WHO HAS INSPIRED ME IS: My grandma.

IF I COULD HAVE ANY SUPERPOWER: Read people's minds.

MY FAVORITE WAY TO RELAX IS: watching Netflix and cuddling my dogs.

MY BIGGEST FEAR IS: drowning or having a car accident.

A WEBSITE I VISIT EVERY DAY IS: Twitter

IF I COULD WAVE A MAGIC WAND AND CHANGE ONE THING ABOUT THE WORLD: Controversy in politics

Spotlight #2: Chad Guthrie



SPOTLIGHT #2 IS ON CHAD GUTHRIE. Chad is a dietary aide in Assisted Living. He lives in Wellsville with his parents and has two sisters. He LOVES to bake and has his own business called "Chadley's Creations" where he makes goodies for purchase.

FAVORITE HIGH SCHOOL MEMORY: Singing my solo at State Music my senior year.

3 WORDS THAT DESCRIBE ME: kind, compassionate and unpredictable

IF I COULD TRAVEL ANYWHERE IN TIME I WOULD: The 1960's!

A PERSON IN MY LIFE WHO HAS INSPIRED ME IS: My great grandma.

IF I COULD HAVE ANY SUPERPOWER: Read people's minds.

MY FAVORITE WAY TO RELAX IS: Watching "The Office" on Netflix

MY BIGGEST FEAR IS: I am not afraid of anything.

A WEBSITE I VISIT EVERY DAY IS: Snapchat

IF I COULD WAVE A MAGIC WAND AND CHANGE ONE THING ABOUT THE WORLD: No more hatred.