

# WELLSVILLE WELCOMER

Wellsville Retirement Community Monthly Newsletter

www.wellsvillerc.com

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Volume 7, Issue 1

## HAPPY NEW YEAR!

2015...can you believe it! WOW!!!!!! I wish everyone a hearty and healthy happy new year from all of us here at Wellsville Retirement Community. I look forward to bringing you another year of great newsletters reporting all the great things we are up to here at WRC.

## YOGA, YOGA, YOGA

I am thrilled to announce we will be hosting yoga classes in our community room. We are partnering with Lorrie Glass Coffman who is the owner and operator of Hour Glass Fitness here in Wellsville. Lorrie is a registered yoga instructor and a personal trainer. In the month of January, she will teach a Hatha Yoga Class on the following dates: January 8, 16, 22 and 30th. Each class will begin at 1:15 and end by 2:30. All classes here at WRC are open to the public. For more information, you can contact Lorrie at 913-269-7990.

## OPEN HOUSE - FINALLY

I am also pleased to announce our long overdue Open House will be Sunday, February 15th from 1:30 to 4:00. Between now and then we are going to work hard to put the finishing touches on the remodeling of our Meadowlark neighborhood in addition to "polishing" our CountryView and Sunrise neighborhoods. We plan to have great entertainment that day along with some great food and refreshments. Tours of our

wonderful community will be provided throughout the afternoon. I look forward to seeing everyone on February 15th!

## COMPLACENCY

I share with my staff that one of the greatest concerns I have is that of becoming "complacent." The dictionary definition of complacent states: "pleased, especially with oneself or one's merits; often without awareness of some potential danger or defect; self-satisfied." While it is very pleasing to hear great feedback about WRC.....which I do hear on a regular basis.....I recognize that we can never "assume" the work is getting done. And that is why I am continually asking for feedback on how we are doing. In a couple weeks, we are participating in a state sponsored project which will conduct a formal interview process to help determine how we are doing. I encourage EVERYONE who participates in this project to be 100% honest. Such feedback is ALWAYS delivered to us in an anonymous manner.....and it is information we will use to continually improve our services.

'til next month,

Scott



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### SUPPORT TEAM

Scott Averill  
Owner

Ashley  
Washington  
Business Office  
Manager

Dorothy Adams  
Social Services

Myra Geer  
Food Services

Jeanie Good  
Environmental  
Services

Jennifer  
Carpenter &  
Heather Nigh  
Lifestyle  
Coordinators

Kristine Martinez  
DON and  
MDS Coordinator

Mark Hurley  
Therapy Director

Arlene Tomlinson  
Housekeeping/  
Laundry



# January Honorees

## Chet Wright Resident of the Month

Chet was born in Kansas City, KS and his family later moved to Tuscumbia, MO. That is where he met his wife, Eula, who held the honor of Resident of the Month this past November. Chet says they were high school sweethearts. They have 3 sons.

Chet was a carpenter/cabinet maker and Superintendent of Buildings and Grounds at Baker University while Eula taught in a one room school house and later opened the first licensed daycare in Baldwin City. Chet says what they love most about living at WRC is, "the hospitality, friendship and care we get."

## Holly Manning Employee of the Month

Holly is the charge nurse on our Countryview dayshift crew. She was born in Osage, IA and raised in Mason City, IA. Holly is married to Paul and they have 3 children: Owen is 8, Sophie is 5 and Aiden is 3.

In her spare time, Holly enjoys reading and attending her children's activities such as sports and dancing. She says she entered the field of nursing because she loves to help people.

When asked what she likes about working at WRC, Holly replied, "I like the atmosphere and how everyone works so well together."



Chet and Eula Wright with Holly Manning.

## New Year's Resolutions

**A fresh year is upon us, so we asked some of our residents and staff to share their resolutions for 2015:**

Kara Eckard: Lose weight to make my bridesmaid's dress fit better.

Alice Chambers: To read the Bible all the way to the end.

Sylva Mignot: To lose some of this weight.

Jennifer Calvert: Better manage my money.

Lois Lebaron: To just be a good person.

Rachel Caple: To finally finish school.

Eldon Felix: To have the best year I can have.

Zed Braden: I just want to be happy and make the people around me happy.

## Activities: Life at WRC

Greetings to all of our readers!! Your Lifestyle Coordinators, Jennifer and Heather, hope you had a wonderful Christmas Holiday!

To kick off the New Year, we would like to begin by thanking the Red Hatters for the beautiful Winter Wonderland they put together for our residents and guests in the community room. Also, we would like to thank everyone who helped decorate for the holiday season and make WRC look so wonderfully festive.

We had a great time at our annual Christmas Party. As always, it was filled with love, laughter, fun and, of course, a visit from Santa Claus! Thank you to everyone who helped make it a fabulous time! And a very special thank you to Kathy Collins for using her decorating skills to make all our parties look incredible!

For the month of December, we had a “friendly” Christmas Decorating Competition amongst our 3 neighborhoods. Everyone did a fabulous job! A huge thank you to Joan Fowler’s family for providing an amazing steak dinner for everyone that participated in the decorating competition.

And, by the way, the 2014 Christmas Decorating Competition Winner was.....

**COUNTRY VIEW!!!**

Once again, we would like to extend an open invitation to our residents and family members for all of our special events, musical performances and Weekend WOW’s. Friday the 2nd at 3:00, we will have music from Gary Kirkland. Saturday the 3rd at 3:00, we will have special music from The Barn Yard Boys. The Music Man will be here at 3:00 on Tuesday the 6th.

Please join us at 3:00 on Wednesday the 7th for a little bit of fun at our monthly Wine and Cheese. Thursday the 8th, Brody Buster will be here to entertain us.

Michael Stevenson will be here on Saturday the 10th at 3:00. The Man and His Dog will be here on Monday the 12th at 3:00. Please come and join us in celebrating all of our January Birthdays on Wednesday the 14th at 3:00. Friday the 16th at 3:00 Carey Mock will be here.

There will be music from Andy Ramberg on Saturday the 17th at 3:00. Craig Smith will be here on Monday the 19th at 3:00. We will be having omelets with the Omelet Queen Danielle and the Omelet King Scott, on the 23rd at 7:30 a.m., followed by a trip to the casino at 10 a.m. We will have music from Dan Rukes on Saturday the 24th at 3:00. Closing out the month, will be music from Jeannie Furst on January 31st at 3:00.

*If you would like to view photos and videos of the fun we have at WRC, visit our Facebook page.  
(Search for Wellsville Retirement Community.)*

**To view photos of our new Assisted Living and Skilled Unit, visit our website at [www.wellsvillerc.com](http://www.wellsvillerc.com) and click on News > Expansion.**



**Shirley and Rich Magee ringing in the New Year!**



# Wellsville Retirement Community

304 W. 7th

Wellsville, Kansas 66092



## Gourmet Omelets and Casino Trip

January 23rd  
@ 7:30 a.m.

### SPOTLIGHT #1: Angela Bird



Spotlight #1 is on Angela Bird who is a Registered Nurse on our weekday evening shift. She is married and has 5 children plus a foreign exchange student from Sweden. Angela and her family raise and ride horses.

**Favorite High School Memory:** Being on drill team and playing softball.

**3 words that describe me:** sassy, intelligent and charismatic.

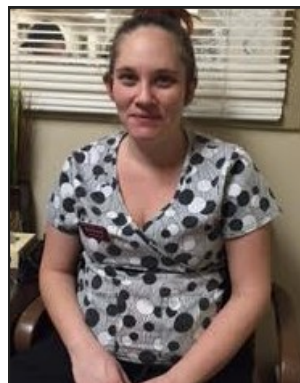
**If I could buy anything with price not being a concern:** An education for ALL of my children.

**If I had a time machine and could travel anywhere in time:** I would go to the future to see how my kids are doing and to see if I am still alive!

**A person in my life who has inspired me:** My dad..

**If I had a magic wand and could change one thing about the world:** All elderly people would be taken care of.

### SPOTLIGHT #2: Rachael Caple



Spotlight #2 is on Rachael Caple who is a CNA in our CountryView neighborhood. She works evenings until 3:00 A.M. Rachael graduated from Parsons High School in southeast Kansas and now lives in Eudora. She has an eight year old child and is expecting another child January 15th!

**Favorite High School Memory:** Playing the flute and piccolo in the band and going on band trips to Colorado and San Antonio.

**3 words that describe me:** energetic, fun and outgoing.

**A person in my life who has inspired me:** My mom.

**If I had a time machine and could travel anywhere in time:** I would go to the future to see how my kids are doing.

**If I could buy anything with price not being a concern:** I would buy land!

**If I could wave a magic wand and change one thing about the world:** No more violence!