



Wellsville Welcomer

Wellsville Retirement Community Newsletter



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BIKE TRIP RESUMES

Readers of this newsletter might recall that last year I pedaled my bicycle from Los Angeles, California to Houston, Texas. I had two high school classmates as biking companions. We left our bicycles in the garage of another high school friend who lives in the Houston area with the intention of resuming our trip across the southern tier of the United States sometime in 2019. That time is now upon us! We plan to fly to Houston on February 24 and start pedaling on the 26th. Our goal is to arrive in Amelia Island, Florida and the Atlantic Ocean by March 20th. We will again be raising money for an organization called Leadachild which supports children in 3rd world countries all over the world. If YOU would like to contribute to this good cause please let me know.

MEDICARE CHANGES COMING

We are in the process of preparing for some big changes to the Medicare system which pays for our residents who are in need of rehabilitation. The last time we had such a major change was over 20 years ago in 1997. Medicare accounts for about 10% of our total revenue at WRC while about 45% is from Medicaid and 45% is from residents who pay with their own funds. While Medicare money is not a huge part of our revenue stream it is still substantial enough to warrant serious attention. Staff members have already been spending time in webinars and attending conferences. Over the next several months you might see several of us in the conference room or huddled around computers learning about his new payment system which is called Patient Driven

Payment Model (PDPM). The start date for PDPM is October 1 which is the beginning of the new federal government fiscal year.

ALIVE CLASS IN PROCESS

For several years we have offered - from time to time - a class that we call "ALIVE". This is an acronym which stands for Animate, Lead, Improv, Validate and Engage. The current class has WRC staff members Issac Williams, Timmy Phillips and Lizzie Crawford. The purpose of this class is to train staff members in the distinctions listed above which, in turn, helps them and others create the culture of aliveness and vitality which we all enjoy here at WRC. Registered Drama Therapist, Kareen King, and I are leading this current class. On occasion we get assistance from fellow ALIVE graduates Travis Beatty and Jenn Blaine. The program is 12 weeks long and meets once a week on Wednesday afternoons. The participants then have "homework" they are expected to work on throughout the week. Each class also includes 3 staff members from our sister community in Overbrook - Brookside Retirement Community. Once the class is complete, the participants are expected to create and lead an activity once a month for the following 12 months.

'til next month,

Scott



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Scott Averill
Owner

Jill McCoy
Administrator

Ashley Washington
Business Office
Manager

Kim Bogle
Reception/Human
Resources

Dorothy Adams
Social Services

Tim Sullivan
Food Services

Paul Surber
Environmental
Services

Jennifer
Carpenter
Lifestyle Coordinator

Kristine Martinez
Director of Nursing/
MDS Coordinator

Jenn Blaine
Therapy Director

Holly Manny
Assistant DON/MDS
Coordinator

Arlene Tomlinson
Housekeeping/Laundry

Welcome to WRC

Barbara Donart
Martin Mower
Alice Romano
Lois Eversmeyer
Billy Patterson

Resident of the Month **Melba “Joan” Fowler**

Joan resides in our CountryView Neighborhood and is our Resident of the Month for February 2019. Joan grew up in Blakeman, KS which is nine miles from the Nebraska border and forty miles from the Colorado border. She grew up with eight brothers and two sisters, and went to a country school. There were many adventures for her family.

Joan and her family moved to Nebraska when she was in the 7th grade. Her parents owned a furniture and hardware store for many years before moving to Arkansas.

Joan married her husband Bill and they lived in Oberlin, KS for many years. Joan and Bill had three sons and one daughter. Living on a farm, they had a huge garden, along with chickens and beef cattle. She operated a beauty salon and also a small restaurant called Jo’s Diner. At Jo’s Diner, she made fresh pies daily and the best burgers in town. People would come from all around. Joan kept busy at the diner, salon and also canned vegetables from their large garden, dressed chickens, and milked cows. She and Bill were also 4-H Leaders for many years and she was the 4-H Food Leader.

They enjoyed travelling the U.S. from coast to coast over the years. Joan has many grandchildren, and lots of great-grandchildren.

Joan enjoys all the nice people and all the fun activities here at Wellsville Retirement Community.

And we will miss...

Letha Lytle
Don Schamle
Helen Diamond
Vanita Chandler
Marge Kring
Lois Richards

Employee of the Month **Ginny Stubler**

Ginny is our “Miracle” Employee for the Month of February 2019. She is in our Housekeeping Department.

Ginny grew up in Olathe, KS and now lives with her husband in Edgerton, KS. They have two daughters, one son, and seven wonderful grandchildren whom they adore! Ginny and her husband of 35 years enjoy traveling and having fun.

Ginny would like to say, “in this day and age people don’t believe in miracles but I sure do!” Ginny and her family have a cat named Freddie. Freddie was never a favorite of hers, but he walked across her lap one day and it was very painful. Ginny soon learned she had pancreatic and breast cancer. She did eighteen rounds of chemotherapy and is now working with us again here at WRC and enjoying life!

“It is very important that each of us not ignore any signs your body is telling you, pay attention to your body!” Ginny says. Ginny feels great and WRC is a wonderful place to work and the residents are awesome!



**Ginny & Joan share
February honors.**

Week 5 - Monday the 25th @3:00

Activities: Life at WRC

Special music by Debbie and Ade-

la, Thursday the 28th @ 3:00 Chris Foster.

Happy Valentine's Day to all our families, volunteers and staff. We are looking forward to a great month.

Last month, in spite of frigid temperatures our wonderful volunteers came in to provide our residents with a fun filled month of bingo, worship services, table games, card games entertainment, helpers and friendly visitors. Thanks to all our volunteers for the things you do. WRC staff looks forward to see your friendly bright shiny faces.

We have a great lineup of super entertainers this month.....some old and some new. Hope you can join us for a few of our special events.

Week 1 - Friday, Feb. 1st @ 3:00 Gary Kirkland. Saturday @ 3:00 the weekend WOW will be Johnny and Adams.

Week 2 - Tuesday the 5th @ 1:00 Spa Day, then at 3:00 Odds and Ends. Wednesday the 6th join us @ 3:00 for Wine and Cheese. Thursday 7th @ 3:00 Jana Johnson and her mother June. Friday the 8th @ 10:15 we will be joined by Wellsville Elementary school third-graders then at 3:00 Sheila McDonald. Finishing off the week, Saturday the 9th our weekend WOW will be Alan Cunningham.

Week 3 - Monday the 11th @ 3 o'clock Man and his dog. Tuesday the 12th @ 3:00 we have a new entertainer Jim Lovich. Wednesday the 13th @ 3:00 join us for our monthly birthday party. We will celebrate all of our February residents' birthday. Thursday the 14th Valentine's Day... we will have a VALENTINE'S PARTY. The entertainment for the afternoon will be Tiffany Barbie. Finishing off the week with our weekend WOW @ 3:00 James Rojas.

FRIDAY 22nd @ 7 - 9:15 A.M. JOIN US FOR OUR FAMOUS OEMELETS THEN AT 10:00 GO WITH US TO THE CASINO. WE HAD TWO BIG WINNERS LAST MONTH.

Week 4 - Monday the 18th @ 3:00 Terry Baldwin. Friday the 22nd @ 3:00 Doc Fuller. Finishing of the week Saturday the 23rd the weekend WOW will be Wicked Strings.

la, Thursday the 28th @ 3:00 Chris Foster.

February Birthdays

3rd Jay Degroot
5th Alma J Murphy
5th Barbara A Ott
8th Maxine Bruner
12th Norma Jean



Rogers

16th Charles Porter
16th Colleen Howard

FEB 8TH HAPPY BIRTHDAY TO OUR VERY OWN WONDERFUL SUSIE O'DEA!

Mary Ann finished her hand stitched full size Yo-yo quilt. Her hand stitched quilt has 2512 yo yo's and took her a little over 1 year to complete. Mary Ann had to order materials from Ottawa, Wellsville, Oregon, Florida, and as far away as Germany. Mary Ann said it was a lots of work but she has enjoyed every minute of it. When she was not working on her quilt she puts puzzles together. She is a resident volunteer and attends most of our scheduled activities. Mary Ann is a very busy lady.



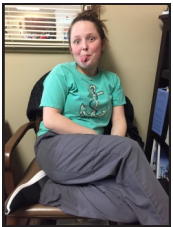
Wellsville Retirement Community

304 W. 7th

Wellsville, Kansas 66092

Please remember,
if you are sick or not
feeling well, please visit
another day.

Spotlight #1: Aubrey Wood



SPOTLIGHT #1 is on Aubrey Wood who was born and raised in Eudora, Ks. She graduated from Baldwin High School in 2018. Aubrey is a Certified Nurse Aide and Certified Medication Aide who works in our CountryView Neighborhood. She has two brothers and aspires to be a pediatric nurse.

FAVORITE HIGH SCHOOL MEMORY: Going to “Friday Night Lights” with my friends.

3 WORDS THAT DESCRIBE ME: spunky, caring and grateful.

IF I COULD TRAVEL ANYWHERE IN TIME I WOULD: Back to when Elvis Presley was alive and go to one of his concerts with my grandma to see how she acted.

A PERSON IN MY LIFE WHO HAS INSPIRED ME IS: my grandma.

IF I COULD HAVE ANY SUPERPOWER: flying.....with invisibility a close second!

MY FAVORITE WAY TO RELAX IS: coloring.

MY BIGGEST FEAR IS: losing a close loved one.

A WEBSITE I VISIT EVERY DAY IS: Facebook.

IF I COULD WAVE A MAGIC WAND AND CHANGE ONE THING ABOUT THE WORLD: eliminate poverty.

Spotlight #2: Connie Riley



SPOTLIGHT #2 is on Connie Riley. Connie is the daughter of resident, Mary Gunther. She is a graduate of Kansas University and worked as a Certified Public Accountant for many years before retiring a few years ago. Connie has two grown children and she lives in Olathe, Kansas. She is now an avid pickle ball player.

FAVORITE HIGH SCHOOL MEMORY: being the first female to ever run for Student Council President.

3 WORDS THAT DESCRIBE ME: persistent, energetic and caring.

IF I COULD TRAVEL ANYWHERE IN TIME I WOULD: back to when my parents were growing up before WWII – the 1930’s.

A PERSON IN MY LIFE WHO HAS INSPIRED ME IS: My mother!!

IF I COULD HAVE ANY SUPERPOWER: to heal the sick.

MY FAVORITE WAY TO RELAX IS: reading historical fiction.

MY BIGGEST FEAR IS: losing a loved one.

A WEBSITE I VISIT EVERY DAY IS: Wall Street Journal News.

IF I COULD WAVE A MAGIC WAND AND CHANGE ONE THING ABOUT THE WORLD: World Peace.