



Wellsville Welcomer

Wellsville Retirement Community Newsletter



www.wellsvillerc.com

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STATE SURVEY

We recently completed our annual state survey which is conducted by the Kansas Department of Aging & Disability Services (KDADS). By federal law, we have to be surveyed every 9 to 15 months. We had a team of 3 surveyors spend 4 days looking at all facets of our operation. When all was said and done, we were cited for 8 minor deficiencies and they were all "scoped" at a low level which means they were of minor concern to the surveyors. In the state of Kansas, it is considered VERY GOOD whenever you have a survey with 11 or fewer deficiencies. A good survey definitely reflects a great staff which makes me very proud of our staff members who continually do a fabulous job of providing great care and quality of life for our residents. We always have a copy of our most recent survey in a notebook in our front lobby. It is available for anyone to read and if there is ever a question about our survey results, I encourage people to contact me.

NEW VAN

I am pleased to announce we have a new van that we will be using to take residents to appointments. Many people are probably not aware that it is a rare day when we aren't taking at least one resident to some kind of appointment. And on many days, we have multiple residents heading out to appointments in places like Kansas City, Olathe, Ottawa and Lawrence. Needless to say, it gets rather chaotic at times scheduling drivers and on occasion, we are forced to use personal vehicles in order to make it all work. This new van is a Dodge Caravan with a rear entry ramp. The ramp is very lightweight and it is manually operated so we won't have to worry anymore about things like hydraulic maintenance or broken lift controls. It's also pretty sharp looking – bright, shiny red!

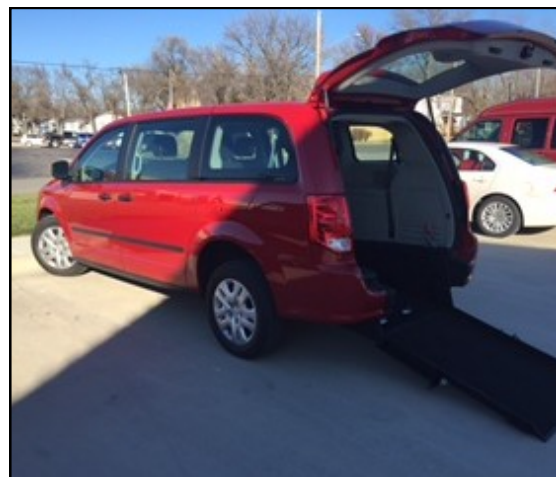
HEALTH UPDATE

I shared in last month's newsletter about my recent hospitalization due to having "heart flutter." It gives me GREAT pleasure to let everyone know that I am doing great and I have clearance from my cardiologist to resume all of my activity including swimming, biking and running. I plan to scale back my running which in recent years has included working toward my goal of completing a marathon in all 50 states. I have 24 states checked off so far and I am re-evaluating my commitment to achieving this goal – the jury is still out. I really appreciate people's expressions of concern expressed to me in recent weeks. It has meant a lot to me.

I truly hope everyone has a wonderful holiday season!

'til next month,

Scott



Our new transportation van.



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Support Team

Scott Averill
Owner

Ashley Washington
Business Office Manager

Jill McCoy
Reception/Human Resources

Dorothy Adams
Social Services

Myra Geer
Food Services

Jeanie Good
Environmental Services

Jennifer Carpenter
Lifestyle Coordinator

Kristine Martinez
Director of Nursing/
MDS Coordinator

Jenn Blaine
Therapy Director

Arlene Tomlinson
Housekeeping/
Laundry



Resident of the Month

Fred Windle

Fred is originally from Olpe and has spent his life in Lyon county. He and his wife, Helen, were married for 52 years before her passing. They have 6 children and a whole lot of grandchildren and great-grandchildren.

Fred was once a farmer but later changed careers and worked at the soybean plant in Emporia for 34 years. Helen offered daycare in the home while Fred was at work. He said he never knew how many kids would be sitting around the dinner table when he came home. In his younger days, Fred enjoyed hunting and fishing.

Fred says he really likes living at WRC because, "It's a wonderful place. Everyone is helpful and friendly. Scott is a nice guy - he stops and talks to everybody and knows all their names."



Employee of the Month

Kris Geist

Kris is a native of the Kansas City area and has lived in Wellsville for 6 years. Before joining the WRC team, she was a para for the Wellsville school district.

Kris has 2 children: Hollie, 18 and Anthony, 16. She is currently attending Ottawa University to complete her degree in Human Services and plans to graduate next year. In her spare time, Kris enjoys doing crafts, quilting and she absolutely loves snowmen.

When asked what she likes about working at WRC, she replied, "The residents, their histories, laughing and joking with them. There is never a dull moment and every day is different."



**Fred and Kris share
December honors.**



Activities: Life at WRC



Merry Christmas!

I would like to thank all of the fabulous volunteers, staff and family for all they have done to make Wellsville Retirement Community a great place to live. I would like to give a special thank you to Rose O'Dea for the lovely Christmas stockings given in honor of Nita and Susan O'Dea and their service to the Wellsville Retirement Community and also in memory of Norma Taylor Meredith, and Bobbie and Leon Johnson. Fabric was provided by Norma Taylor Meredith and Rose O'Dea and sewn by Rose O'Dea.

December will bring lots of groups that want to come and provide Christmas caroling. All are welcome, but we ask that you call prior to coming out. Santa is coming to town for the Residents Christmas Party on Saturday, December 19th at 3:00; the special entertainment is "A Touch of Nostalgia". If families bring their children, please contact Jennifer prior to the event for information on how to have Santa recognize your child with a gift.

We are excited to have Hands of Glory presenting their Christmas program on Sunday the 13th at 2:00. Tuesday the 8th at 1:00, Esther Raugewitz will demonstrate how to make the Norwegian Christmas dessert, KrumKake. Tuesday the 15th, we welcome Suzuki Strings at 6:00 and Monday the 21st at 2:00, we will have Ladies Tea. We encourage and invite family members and Veterans to our Veterans coffee Thursday the 17th led by John Musgrave.

We also invite and encourage you to attend any of our weekend WOWs. New Year's Eve Party will be Thursday the 31st, special entertain-

The Gift Wrap and the Jewel by Wanda Goines

I looked in the mirror and what did I see, but a little old lady peering back at me. With bags and sage and wrinkles and wispy white hair and I asked my reflection, how did you get there?

You once were straight and vigorous and now you're stooped and weak--when I tried so hard to keep you from becoming an antique.

My reflection's eyes twinkled and she solemnly replied, 'You're looking at the gift wrap and not the jewel inside'--a living gem and precious of unimagined worth, unique and true the real you, the only you on earth.

The years that spoil your gift wrap with other things more cruel should purify and strengthen and polish up that jewel.

So focus your attention on the inside, not the out--on being kinder, wiser, more content and more devout.

Then, when your gift wrap is stripped away, your jewel will be set free--to radiate God's glory, throughout eternity.



Susie handing out Christmas stockings.

Wellsville Retirement Community

304 W. 7th

Wellsville, Kansas 66092



**CHRISTMAS
PARTY**

**Saturday
December 19th**

Spotlight #1: Katelyn Davey



Spotlight #1 is on Katelyn Davey who is officially a “Nurse Assistance Trainee II”. In a few weeks, after passing her state test, she will become a Certified Nurse Assistant. Katelyn was born in Overland Park and has lived her entire life in Wellsville. She is currently a junior at Wellsville High School and has 4 siblings. Here are her responses to our world-famous Questions:

Favorite High School Memory(so far): My first dance my freshman year.

A person in my life who has inspired me: My Mom.....she teaches me to be respectful.

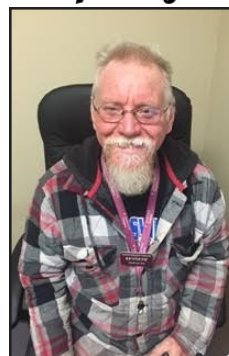
3 words that describe me: kind, respectful and creative.

If I could travel anywhere in time, I would: Go to the year 2035 to see how my life is.

If I could buy anything with price not being a concern: A new car!

If I could wave a magic wand and change one thing about the world: No cancer!

Spotlight #2: Ken Long



Spotlight #2 is on Ken Long who is one of our wonderful drivers. He was born in Topeka in 1958 and now lives in Ottawa. He has one child. During his career he has worked as an over-the-road truck driver and he has also driven a school bus. Ken is ALWAYS willing to help out anytime day or night and both the residents and staff REALLY appreciate him.

Favorite High School Memory: I loved school because it was always fun and my favorite class was science.

3 words that describe me: joy, humble and calm.

A person in my life who inspired me: My grandpa and grandma.

If I could travel anywhere in time: I would go back to the “old times” and stay there forever.

If I could buy anything with price not being a concern: I would buy a home in the country with a big pond.

If I could wave a magic wand and change one thing about the world: Everyone would be good